



# Building on Experience to Create Opportunities

Gateway Corrections Division Annual Report 2013

# Our History of Expertise Provides New Opportunities to Serve

Fiscal Year 2013 was an exciting year for Gateway Foundation's Corrections Division. Our history of expertise in correctional substance abuse treatment was highlighted this year with a celebration of our 20-year relationship with the Texas Department of Criminal Justice.

In addition, we have expanded our community corrections business in Missouri through the addition of new services and projects in St. Louis. We also expanded our portfolio of correctional products through new case management and

drug education projects in Missouri and New Jersey, and we successfully increased our existing in-custody treatment services to the highest number of treatment beds we've ever had under contract.

This enabled Gateway to serve over 26,000 individuals this year through our Corrections Division programs. We are proud to share these accomplishments in this report, and we recognize that they are only possible through the support of our Board and the dedication and commitment of our staff.

Henry D. Wolfe, Chairman

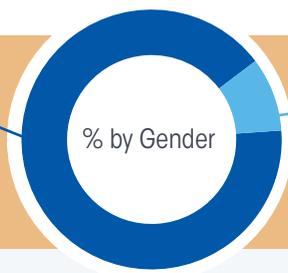
Gateway Foundation Board of Directors

Michael Darcy, President and CEO

Gateway Foundation, Inc.

## Fiscal Year 2013 Demographic Breakdown

Male - 23,712 (91%)



Female - 2,404 (9%)

## Gateway Corrections Celebrates 20 Years in Jester

On October 5, 2012, Gateway's Jester I SAFPF (Substance Abuse Felony Punishment Facility) unit outside Houston, Texas celebrated a historic 20-year partnership with the Texas Department of Criminal Justice (TDCJ). Gateway has been the only treatment provider for the facility since October, 1992 when the Therapeutic Community (TC) component began at Jester.

This event was a true celebration that brought together dignitaries and supporters from across the state and Gateway. In attendance were Gateway executives **Michael Darcy**, **Michael Giniger**, and **Becky Douglas** and Gateway's Board of Directors member **Glenn Huebner**. The Jester team was supported with employees from other facilities, including **Ron Raeszler**, who worked at the unit when it first opened, **Stephanie Lewis**, **Mary Stephens**, **Maggie Hademenos**, and **Andria Canul**. Representatives from the State of Texas and from TDCJ were Jester's Senior Warden Monty Hudspeth; Alma Lopez from Private Facilities Contract Monitoring Oversight Division; Pamela Carey, Simon Beardsley, and Linda Cummins from the Rehabilitation Programs Division; Region 3's Director Linda Davis and Assistant Director, Lara Buregess; and one

of Jester's first Wardens, now Executive Director of Wyoming's Department of Corrections, Robert Lampert. In addition to celebrating the partnership with TDCJ, Michael Darcy presented service awards to Larry Douglas and Penny Wong, our 2nd and 3rd employees hired in Texas who achieved 20 years of service with Gateway at the Jester unit.



Left to Right: Warden Hudspeth, Senior Warden Jester Complex, Glenn Huebner, Gateway Board of Directors, Michael Darcy and Ron Raeszler.

The event was commemorated with a formal proclamation from the Texas Senate, thanks to Senator Rodney Ellis, in which Gateway was recognized for "exemplary service" and "helping some 10,000 clients at Jester I turn their lives around and avoid lengthy prison sentences." In the proclamation, Gateway was acknowledged as an "outstanding organization...truly deserving of recognition for its exemplary record of success." We are extremely proud of our long-standing relationship with the TDCJ and our service to their clients in need of treatment.

Our history of service at the Jester I facility is an excellent example of our experience and expertise in correctional treatment services...which serves as the foundation for new opportunities to fulfill our mission.

## Medication Assisted Treatment Using Vivitrol

Beginning October 1, 2013, Gateway's St. Louis Outpatient program implemented the Recidivism Reduction Demonstration Project funded by the Missouri Department of Mental Health. The project provides enhanced reentry services that may include the use of Medication Assisted Treatment (MAT) for an estimated 200 offenders returning to the St. Louis area from our treatment programs at the Ozark, Maryville, and Northeast Correctional Centers. The project funds Pre-Release Case Managers at Ozark and Maryville and Case Management and Job Readiness Training staff in St. Louis. The purpose of the project is to examine the patient-level impact of MAT using Vivitrol®—extended release Naltrexone—for criminal justice-involved individuals under “real world” conditions.

Vivitrol is the only once-monthly, non-addictive, FDA-approved medication for the treatment of alcohol dependence and the prevention of relapse to opioid dependence following detoxification. Gateway project participants will receive their first dose of Vivitrol prior to their release from the institutional treatment programs to help stabilize their initial transition to the community. Upon arrival in the community and enrollment in Gateway's outpatient program, they will receive medication assistance for the duration of their outpatient treatment and the re-entry/transition period.

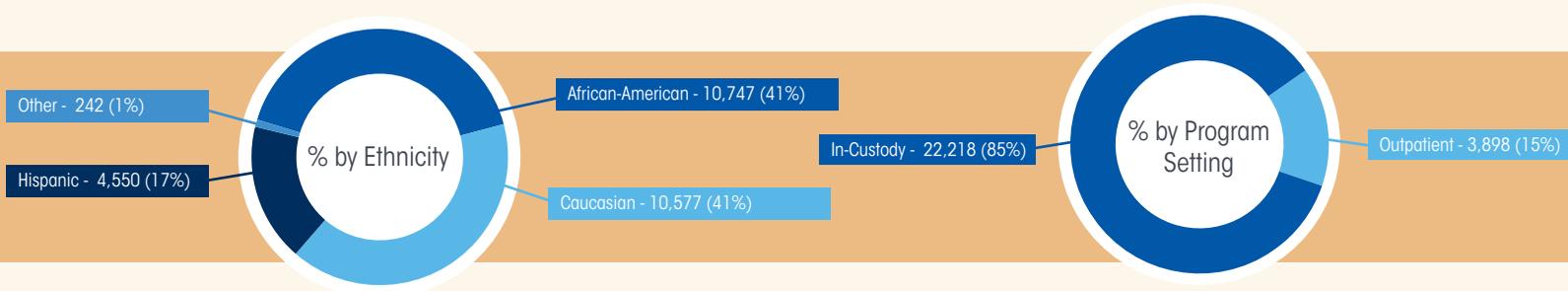
Data generated by this demonstration project will help in answering an important question, i.e., does enrolling criminal justice clients in MAT in combination with other treatment decrease their drug use and reduce recidivism? An evaluation report on the outcomes of the project and recommendations for project continuation, alteration, or termination will be provided to the Department no later than June 15, 2014.

## Living in Balance in New Jersey

Under a new request for Alternative Services by the New Jersey Department of Corrections, Gateway will begin providing psychoeducation services using the evidence-based curriculum *Living in Balance: Moving from a Life of Addiction to a Life of Recovery* to New Jersey's general population offenders in all 13 institutions throughout the state. In addition, Gateway staff will assume responsibility for coordinating/managing the support group activities (AA/NA groups, etc.) in these institutions.

The Living in Balance (LIB) curriculum was developed by the Hazelden Foundation and is organized into twelve core sessions with client worksheet sets consisting of biopsychosocial information and interactive exercises designed to reinforce the information. Sessions are facilitated by trained addiction professionals with the goal of strengthening the neglected areas of an addict's life.

Gateway has provided substance abuse treatment for the New Jersey Department of Corrections since 2002 and currently is the sole provider of in-prison substance abuse treatment services. There are seven in-prison Therapeutic Community treatment programs housed in institutions across the state, through which Gateway provides services to over 2,000 inmates per year. The addition of the LIB and support group services to the state's general prison population will allow Gateway to serve an additional 2,000 New Jersey inmates with these recovery-based interventions each year.



## New “Collegiate Model” of Treatment at Ozark Correctional Center

Gateway's Ozark Correctional Center (OCC) program in Fordland, MO has developed an exciting enhancement to our “adaptive treatment model”. On July 1, 2013, OCC initiated an innovative approach to treatment scheduling—the Therapeutic Community Collegiate Model. This treatment scheduling approach was modeled after processes typically associated with college attendance, Ozark clients work with counselors to construct an individualized “curriculum” and “register” for both required core and elective “courses.”

Courses are designated as Biological, Psychological, Social, or Spiritual interventions (or combination courses) that ensure that clients adopt a holistic approach to their treatment while focusing on their individual needs. The class catalog includes over 90 topics and opportunities, many of which have been developed by staff and approved through appropriate channels.

At the heart of this new model is a methodology designed to maximize the potential for engagement, empowerment, and individualization in corrections-based treatment settings. As opposed to traditional, pre-designated “treatment blocks” that all clients are required to attend, offenders are allowed to select courses that focus on their specific needs. For example, some clients may need the courses on anger management more than others, whereas other clients need more help with interpersonal relationships.

Additionally, clients may enroll in courses at various times throughout the day to accommodate their other obligations such as school, work assignments—just as they would have to do if attending college in the community, thus promoting personal responsibility and accountable behavior. This approach takes Gateway's current “adaptive treatment model” to a new level by incorporating more client engagement and empowerment in structuring their individual paths to recovery.

## Assessment Services for Eastern Reception, Diagnostic and Correctional Center

In addition to the substance abuse treatment services that Gateway provides in Missouri correctional institutions, the Corrections Division has implemented a new initiative: “Stand-alone” assessment services at the Missouri Department of Corrections' Eastern Reception, Diagnostic, and Correctional Center (ERDCC). Gateway began offering these services on October 1, 2012, and expects to assess an estimated 1,600 offenders each year under this contract.

The comprehensive assessment for each offender is a compilation of standardized instrumentation and individualized interviews that cover psychosocial functioning; alcohol/drug dependency issues; familial and social support systems; medical and psychological health; and educational, vocational, and employment needs. Services are provided on site in the diagnostic center area, located within the ERDCC perimeter fence.

The goals of the Department of Corrections are to ensure that the maximum number of substance abuse assessments is completed and that appropriate program placement occurs in a timely manner. Assessments are completed within the first 7 to 10 days after offenders are designated and referred by the Department for assessment. Short-term offenders receive priority for completion so they will be ready for treatment placement no more than 30 days after entry into the Center.

These assessments collectively provide the basis for comprehensive treatment planning that directs the array of services and opportunities provided to offenders within the treatment environment and are integral to ensuring that the extent of offenders needs are identified and met during the treatment experience. Gateway is excited to use its treatment expertise to further assist the Missouri Department of Corrections through the provision of these assessment services.

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# Corrections Division Programs

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## ILLINOIS

Chicago  
*Cook County Sheriff's Office*

- Pre-Release Center
- Day Reporting Center

## MISSOURI

Bonne Terre  
*Eastern Reception, Diagnostic and Correctional Center*

Bowling Green  
*Northeast Correctional Center*

Chillicothe  
*Chillicothe Correctional Center*

Fordland  
*Ozark Correctional Center*

Maryville  
*Maryville Treatment Center*

St Joseph  
*Western Reception, Diagnostic and Correctional Center*

St. Louis  
*St. Louis Outpatient Program*

Vandalia  
*Women's Eastern Reception, Diagnostic and Correctional Center*

## NEW JERSEY

Annandale  
*Mountainview Youth CF*  
*Mountainview Youth CF II (FMU)*

Bridgeton  
*South Woods State Prison*

Clinton  
*Edna Mahan CF*

Delmont  
*Southern State CF*

Newark  
*Northern State Prison*

Yardville  
*Garden State Youth CF*

## TEXAS

Brownwood  
*Havins IPTC*

Breckenridge  
*Sayle SAFFP*

Burnet  
*Halbert SAFFP*  
*Halbert DWI Recovery Program*

Dayton  
*Henley IPTC/SAFFP*

Gatesville  
*Hackberry SAFFP*

Hondo  
*Ney IPTC*

Houston  
*South Texas ISF*

Huntsville  
*Estelle SAFFP*

Kyle  
*Kyle IPTC*

Richmond  
*Jester I SAFFP*

San Diego  
*Glossbrenner SAFFP*

**CF** Correctional Facility  
**IPTC** In-Prison Therapeutic Community  
**ISF** Intermediate Sanction Facility  
**SAFFP** Substance Abuse Felony Punishment Facility



For more information visit [GatewayCorrections.org](http://GatewayCorrections.org) or call 800-777-1833

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