

Reducing Recidivism... Rebuilding Lives

2015 CORRECTIONS DIVISION ANNUAL REPORT



"I am leaving here (prison) a different man than I was when I came. It's not just that something has changed, but everything has changed. I don't know when it happened, or even how it happened, but I do know that the man returning home is not the man that left over a year ago. Thanks Gateway. I can truly see my castle and I know how to keep it standing strong."

In-custody Client

"The most important thing I realized was that tomorrow does not have to be what yesterday was. They say it over and over again here and it finally hit me, I do have the power to create a new tomorrow."

In-custody Client

"I have worked with several public and private treatment providers, at both the federal and state level, and have found that the Gateway programs are among the best run programs in the nation and consistently provide the highest quality treatment services. Gateway's leadership is to be commended for pursuing a forward thinking approach with respect to adapting evidence-based programming."

Kevin Knight, Ph.D., TCU IBR Associate Director

From Our Chairman

Fiscal Year 2015 was a year of significant change as Michael Darcy, President and CEO, retired after 46 years with Gateway Foundation. The organization thrived under his leadership and our distinct reputation is part of his legacy. Understanding the need for a dynamic new leader, the Board thoughtfully selected Dr. Thomas P. Britton for the position with a solid confidence he will successfully lead Gateway into a new era of dynamic growth and delivery of quality services to even more individuals in need.

Dr. Britton came to Gateway's helm in May 2015. His personal mission aligns with Gateway's and his career has been dedicated to making a difference for those in need of help. With more than 20 years' experience spanning from direct service to executive leadership, Dr. Britton has the expertise and passion to lead Gateway, especially in a time of significant reform. He is committed to offering the best, most innovative and cost effective treatment opportunities to individuals and families living in the communities we serve and to those involved in the criminal justice system.

Dr. Britton is truly a visionary with an inclusive management style that inspires others to do their best. He has spent the past few months immersing himself into learning Gateway's operations and building relationships with employees and the business community. We are confident in Dr. Britton's ability to carry out Gateway's mission for an even brighter future.

We hope you will find inspiration in the stories shared in the 2015 Annual Report, which show the commitment of our clients and employees in their journey to finding a new beginning. We are exceptionally proud of what we accomplished in the last year and are excited for what the new year will bring. We are indebted to the Gateway staff and thank them for bringing Gateway's mission to life every day. We would also like to extend our gratitude to our Board of Directors who provide oversight, support and guidance to our operations.



A handwritten signature in black ink that reads "Glenn B. Huebner".

Glenn B. Huebner
Chairman
Gateway Foundation Board of Directors



A handwritten signature in black ink that reads "Dr. Thomas P. Britton".

Dr. Thomas P. Britton
President & CEO
Gateway Foundation

FY15 CLIENT DEMOGRAPHIC BREAKDOWN

We have a history of providing programs that dramatically reduce recidivism and successfully reintegrate offenders into communities as productive citizens.

BY GENDER



BY ETHNICITY



87%

Overall in-prison successful completion rate.



96.8%
TEXAS



94.3%
MISSOURI



69.4%
NEW JERSEY*

*Length of treatment episodes do not always allow participants to complete the treatment program.

103% to 376% R.O.I.

Gateway's in-prison treatment programs can provide a 103% to 376% return on investment as compared to incarceration costs.

BY INPATIENT/OUTPATIENT

91%
Inpatient

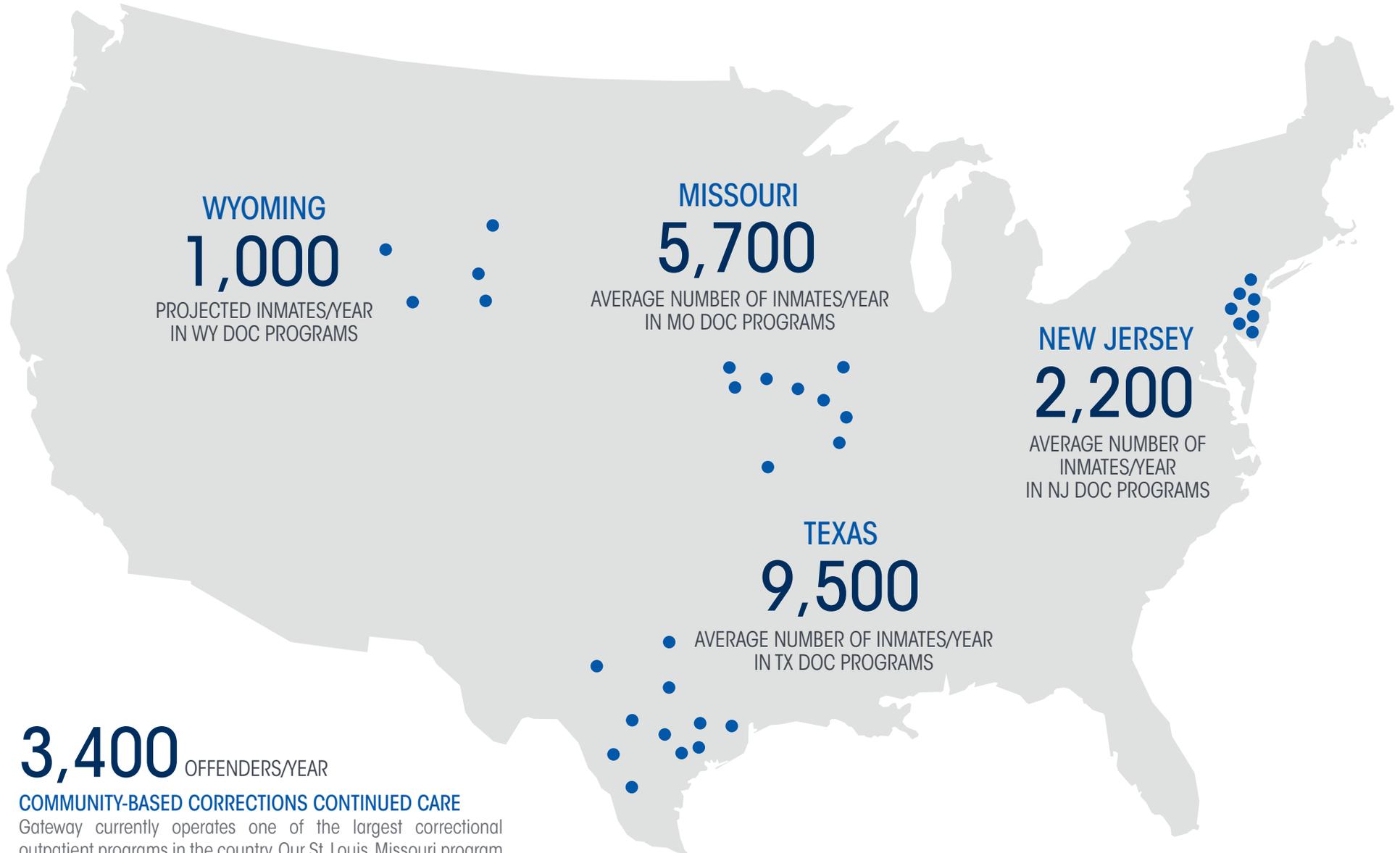


9%
Outpatient

BY PROGRAM SETTING



Gateway Corrections Division Programs



3,400 OFFENDERS/YEAR

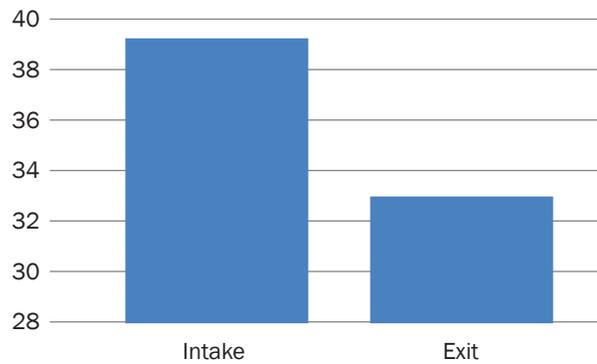
COMMUNITY-BASED CORRECTIONS CONTINUED CARE

Gateway currently operates one of the largest correctional outpatient programs in the country. Our St. Louis, Missouri program provides contract substance abuse and mental health treatment services for state, federal, and county correctional entities and has a client service capacity of 1,000.

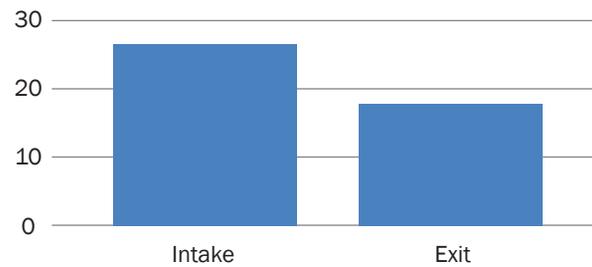
Texas Christian University Assessment Battery Results

For years Gateway has partnered with Texas Christian University Institute of Behavioral Research (TCU/IBR) to incorporate a research-based assessment protocol into our treatment model, thereby ensuring that treatment services are directly related to individual risks and needs throughout the treatment episode. Our Corrections programs administer a battery of TCU assessments at intake and various follow-up periods to gauge whether treatment services are having a positive effect on the client. Aggregated pre- and post- survey results demonstrate that Gateway has been successful in lowering risk factors associated with recidivism and relapse. Several key indicators from the TCU assessment battery demonstrate how treatment services positively impact psychological and criminogenic issues. The results below are from MO institutional programs between October 2014 and October 2015.

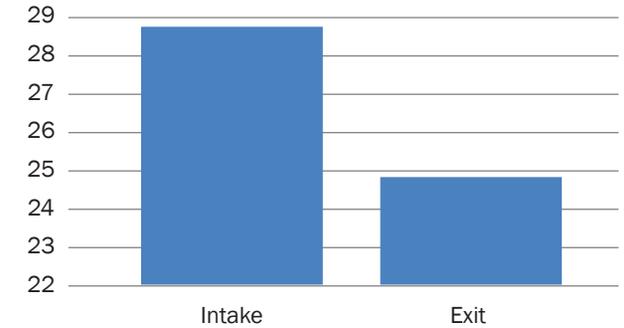
PTSD Symptom Severity Among Gateway Clients Showed Significant Decreases



Clients Were Significantly Less Likely To Justify Criminal Activity At Program Discharge



Criminal Rationalization Was Notably Lower At Discharge Than At Intake



Gateway Corrections FY15 Client Engagement & Satisfaction Results

99%

Clients indicated they were engaged in treatment

91%

Clients were satisfied with treatment

90%

Clients who felt supported by their peers

96%

Clients who felt a positive therapeutic alliance with their counselor



Gateway Continues To Be A Nationally Recognized Leader In Medication Assisted Treatment For Justice-Involved Individuals

Gateway Foundation is proud to be the first substance abuse treatment provider to offer Medication Assisted Treatment (MAT) in a state correctional system that spans in-custody and post-release substance use treatment. Recognizing that medication is one of many tools that may be needed to effectively address this chronic disease, Gateway partnered with Missouri's Department of Mental Health and Department of Corrections to bring this option to incarcerated men and women. This is especially significant when considering that people recently released from incarceration are at high risk for opioid overdose.

Gateway currently offers MAT services at five Missouri correctional institutions. Eligible individuals can volunteer to receive a pre-release Vivitrol® injection; upon completion of the in-prison treatment program, these individuals are admitted to an outpatient program in St. Louis or Kansas City where they continue to receive comprehensive treatment services which may include monthly Vivitrol® injections. As medication alone does not work for most individuals, Gateway's MAT model provides Vivitrol® in conjunction with several other evidence-based treatment interventions.

This comprehensive model has produced some notable preliminary outcomes. The 2014 cohort boasted an 8% recidivism rate, improved treatment retention and a decreased desire to use drugs. Over 80% accessed healthcare and/or mental healthcare in the community and half had employment within 8 months of release.

Gateway's reputation as a national leader in MAT for incarcerated populations is well established. In fact, Gateway's Regional Director for Missouri, Stephen Doherty, has been sought out by academia, correctional systems, and mental health agencies across the United States for his expertise in incorporating MAT within a correctional environment.

Research indicates that Vivitrol® is associated with increased treatment retention, expectancy to refrain from drug use, and self-esteem, as well as reduced drug cravings.

Welcome Gateway Wyoming!

Gateway is pleased to announce a new contract with the Wyoming Department of Corrections. Gateway will be providing substance abuse treatment services to men and women at five correctional facilities throughout the state. We expect to serve 1,000 individuals in the first year. Gateway was awarded this contract at the end of Fiscal Year 2015 and will begin services on July 1, 2015.

We look forward to serving Wyoming!

About Gateway Corrections

Gateway Foundation is a trusted non-profit providing drug and alcohol treatment in correctional settings since 1968. Our goal is straightforward: To help clients achieve a life of sobriety, free from drug use and symptoms of mental illness, that is productive, socially responsible, and healthy. We currently operate drug and alcohol treatment programs for men, women, adolescents, special needs, and dual diagnosis clients involved in a variety of correctional treatment settings such as prisons, jails, pre-release centers, day reporting centers and community corrections/outpatient programs. We have a history of providing programs that dramatically reduce recidivism and successfully reintegrate offenders into communities as productive citizens, and we do so in a manner that saves money for the jurisdictions we serve!

Gateway's substance abuse treatment approach is based on over 40 years of experience, evidence based and best practices, training and research. Services are gender responsive and trauma informed. While far from exhaustive, Gateway is skilled in all of the following correctional treatment services.

- Therapeutic Communities
- Cognitive Behavioral Treatment/Cognitive Self-Change
- Motivational Interviewing
- Trauma Informed Care and Trauma Interventions
- Dialectical Behavior Therapy
- Mindfulness-based Recovery
- Matrix Model
- Medication Assisted Treatment
- Veteran's Programming
- Peer Recovery Support Services
- Case Management
- Relapse Prevention
- Re-Entry Services
- Self-Help Programs
- Drinking/Driving Intervention Programs
- Job Readiness Training
- Electronic Monitoring

Peer Recovery Support Services Are Taking Off In Texas

Maintaining a culture of excellence involves staying abreast of new and developing practices in the behavioral health and corrections fields and few practices are emerging as strongly as Peer Recovery Support Services (PRSS). Several Gateway Texas programs are fully immersed in the PRSS model. Studies have shown that involvement with a peer support model has multiple beneficial effects.

Four TDCJ institutions that work with Gateway- Brownwood, Estelle, Henley and Jester- are training eligible clients in the PRSS model and are providing peer specialists to clients participating in the substance abuse treatment program. Clients are trained by Gateway counselors who have successfully completed a "Training of Trainers" course. Clients may continue their training once they are released from prison and earn an advanced Peer Mentor or Peer Coach credential. Once credentialed, clients can hold volunteer roles or employment in treatment centers or correctional facilities, and can play an advocacy role for individuals with substance use disorders who are involved in the criminal justice system.

Client response to the Texas PRSS program has been substantial. Thus far, 22 clients have completed the in-custody PRSS training program and 47 individuals are currently enrolled. Gateway staff reports that clients have been very receptive to working with the peer specialists and that the dropout rate has decreased dramatically for those clients who are working with a peer specialist.

Peer Recovery Support Specialists are also utilized at Gateway's St. Louis Corrections Outpatient Program and in Wyoming.

Gateway believes in the value of "peers helping peers" and will continue to support and invest in this model.

Research has shown that individuals engaged in peer support experience an increase in:

Quality of life
Coping ability
Medication adherence
Social network & support
Daily functioning
Illness management
Self-esteem
Rate of employment
Earnings

and a decrease in:

Substance abuse
Hospitalizations
Use of crisis services
Symptoms
Levels of worry
Life problems

Source: Solomon, "Peer Support/Peer Provided Services Underlying Processes, Benefits, and Critical Ingredients," Psychiatric Rehabilitation Journal, 2004.

St. Louis Corrections Outpatient Program Earns Prestigious Joint Commission Gold Seal Of Approval

Gateway believes in providing the highest quality of services to individuals in its treatment programs and has therefore undergone a rigorous national accreditation process. The St. Louis Corrections Outpatient Program has been accredited by The Joint Commission since 2013. The Joint Commission is the leading organization that accredits hospitals and behavioral healthcare organizations, and its Gold Seal of Approval™ is an internationally recognized symbol of quality. Organizations that earn the Gold Seal have met demanding performance standards to obtain this distinction.



Joint Commission surveyors conduct on-site surveys at least once every three years, providing less than seven days advanced notice and at times performing unannounced visits. In its most recent survey, the St. Louis program did not receive any recommendations for improvement, indicating that it is in full compliance with all Joint Commission standards.

Gateway is committed to instituting a culture of excellence everywhere it serves and is guided not only by demanding accreditation, certification and licensure requirements but also by a robust code of ethics and values.

Our Commitment Doesn't End When A Client Leaves Custody

Gateway not only provides substance abuse treatment services for incarcerated populations, but we also assist individuals in gaining access to a full spectrum of services upon their release. Most individuals require continuing treatment, linkages with self-help groups and social service agencies, and/or assistance in finding appropriate housing.

Gateway maintains linkages with other providers to ensure that individuals can find appropriate services in the areas to which they are moving, and our treatment programs emphasize the development of life skills that enhance an individual's ability to maintain sober, crime-free lives.



A Mother's Thank You

A CORRECTIONS SUCCESS STORY

"I have cried so many tears through the years. My son has spent nearly 15 years in prison and I think that at some point I had come to realize he would never come home to stay. It was a miserable realization. He has told me so many times how he is changing, but nothing ever changed until now.

It's not what he is saying so much as it is that I hear him speak with a different voice. I hear the voice of a changed man. It's not just his mother speaking either. His wife and his son have even mentioned how different he seems and sounds.

Thank you Gateway for all that you have done... and for caring enough to do the work you do. Society is more than willing to write off men like my son, stick them in prison, and forget about them. I realize that you could do the same thing, just show up to work every day and clock out at the end of the shift. Nobody pays you to care.

Gateway is different. That seems to just be a part of who you are. I needed you to know the work you do matters in a very big way. I am starting to see my son in a way I have spent too many years fearing I would never see again. God bless you!"

MISSOURI

Bonne Terre
Eastern Reception, Diagnostic and Correctional Center

Bowling Green
Northeast Correctional Center

Chillicothe
Chillicothe Correctional Center

Fordland
Ozark Correctional Center

Kansas City
Kansas City Outpatient Program

Maryville
Maryville Treatment Center

St Joseph
Western Reception, Diagnostic and Correctional Center

St. Louis
St. Louis Outpatient Program

Vandalia
Women's Eastern Reception, Diagnostic and Correctional Center

Gateway operates an assessment center and six (6) treatment programs for the Missouri Department of Corrections. These programs include three in-prison TC programs, two of which are fully dedicated treatment institutions for males. There are two additional programs for females and a special needs treatment unit for males. Gateway also has Community Corrections programs in St. Louis and Kansas City.

NEW JERSEY

Annandale
Mountainview Youth CF
Mountainview Youth CF II (FMU)

Bridgeton
South Woods State Prison

Clinton
Edna Mahan CF

Delmont
Southern State CF

Newark
Northern State Prison

Yardville
Garden State Youth CF

Gateway is the sole provider of in-prison substance abuse treatment services for the NJ Department of Corrections (NJDOC). There are seven (7) programs housed at six (6) institutions across the state.

TEXAS

Brownwood
Havins IPTC

Breckenridge
Sayle SAFPF

Burnet
Halbert SAFPF
Halbert DWI Recovery Program

Dayton
Henley IPTC/SAFPF

Gatesville
Hackberry SAFPF

Hondo
Ney IPTC

Houston
South Texas ISF

Huntsville
Estelle SAFPF

Kyle
Kyle IPTC

Richmond
Jester I SAFPF

San Diego
Glossbrenner SAFPF

Gateway is the largest not-for-profit provider of contract substance abuse treatment services for the Texas Department of Criminal Justice (TDCJ). Gateway operates eleven programs housed in facilities throughout the state, including: three (3) Texas Department of Criminal Justice Special Needs Substance Abuse Felony Punishment Facilities (SAFPFs); four (4) Regular Needs SAFPFs; three (3) In-Prison Therapeutic Communities (IPTCs); and one (1) Intermediate Sanction Facility (ISF).

WYOMING*

Torrington
Wyoming Medium Correctional Institution

Riverton
Wyoming Honor Farm

Newcastle
Wyoming Honor Conservation Camp & Boot Camp

Lusk
Wyoming Women's Center

Rawlins
Wyoming State Penitentiary

*Operations Began July 2015

CF	Correctional Facility
IPTC	In-Prison Therapeutic Community
ISF	Intermediate Sanction Facility
SAFPF	Substance Abuse Felony Punishment Facility

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